

FREE

Cooking Demonstrations

How To Utilize Bison

Don't Miss This Unique Opportunity!

Three local chef/master butchers will demonstrate bison meat cutting techniques, preparing and cooking bison. Learn from masters how to get the most out of primals, cook bison to perfection and more!



Allen Michael



Spencer Perrone



Gabriel Carlson

September 15th

Linden Hills Farmers Market
2813 West 43rd St.
Minneapolis, MN 55410
www.lindenhillsfarmersmarket.org/

Co-Sponsored by: Sioux Chef Indigenous Kitchen, Hess Meats, Eichten Bison, Northstar Bison, Silver Bison Ranch, LLC & the National Bison Association



This event is made possible through support from the USDA's Farmers' Market Promotion Program.

